

Roster: MET01 Size: 6 Cycle: 6 Metro 37,5-3+1,dag

Pos	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Work	Diff25	Diff40
1	OFF	14034301 6h25 5:12 16:28 4 3	14031301 7h41 5:32 13:13 1 3	OFF	14031303 7h56 5:42 14:08 1 3	14032301 7h56 11:12 19:38 2 3	14032300 8h25 8:30 17:25 2 3	38h23	1h34	16h21
2	14031305 8h06 7:07 15:43 1 3	OFF	14031302 8h26 5:39 14:35 1 3	14031302 8h26 5:39 14:35 1 3	14031301 8h49 5:29 14:48 1 3	OFF	OFF	33h47	1h13	0h00
3	14031302 8h26 5:39 14:35 1 3	14031304 6h42 6:45 13:57 1 3	14031304 6h42 6:45 13:57 1 3	OFF	14031306 7h58 7:30 15:58 1 3	14031301 6h56 5:32 12:28 1 3	OFF	36h44	0h49	6h28
4	14031306 7h58 7:30 15:58 1 3	14031306 7h58 7:30 15:58 1 3	14031306 7h58 7:30 15:58 1 3	14031306 7h58 7:30 15:58 1 3	OFF	OFF	OFF	31h52	0h00	0h00
5	14031301 7h41 5:32 13:13 1 3	14031301 7h41 5:32 13:13 1 3	OFF	14031305 8h06 7:07 15:43 1 3	14031304 7h56 5:52 14:18 1 3	14031300 8h59 5:29 14:58 1 3	OFF	40h23	1h35	8h28
6	14031300 8h49 5:29 14:48 1 3	14031302 8h26 5:39 14:35 1 3	14034304 8h38 6:12 17:50 4 3	14031301 7h41 5:32 13:13 1 3	14031300 8h59 5:09 14:38 1 3	OFF	OFF	42h33	2h11	0h00
							Total: Average:	223h42 37h17	7h22 1h14	31h17 5h13

Roster: MET02 Size: 6 Cycle: 6 Metro 37,5-4+0,dag/delt/mellom

Pos	Mon		Tue		Wed		Thu		Fri		Sat		Sun		Work		Diff25		Diff40	
1	14031304 6:45 1	6h42 13:57 3	14031305 7:07 1	8h06 15:43 3	14031305 7:07 1	8h06 15:43 3	14031304 6:45 1	6h42 13:57 3	OFF		OFF		OFF		29h36		0h00		0h00	
2	14034305 7:00 4	8h52 18:18 3	OFF		14034305 7:00 4	8h52 18:18 3	14034305 7:00 4	8h52 18:18 3	14034305 7:07 4	7h57 18:53 3	14031304 6:12 1	8h16 14:58 3	OFF		42h49		0h00		8h06	
3	OFF		14032301 10:56 2	8h56 20:22 3	14032304 13:39 2	6h37 20:46 3	14032304 13:39 2	6h37 20:46 3	14032300 8:36 2	8h14 17:20 3	14032300 9:52 2	7h56 18:18 3	OFF		38h20		4h54		7h56	
4	14034303 5:59 4	7h58 17:57 3	14031300 5:29 1	8h49 14:48 3	14031300 5:29 1	8h49 14:48 3	14031300 5:29 1	8h49 14:48 3	OFF		OFF		OFF		34h25		1h34		0h00	
5	OFF		14034303 5:59 4	7h58 17:57 3	14034303 5:59 4	7h58 17:57 3	14034301 5:12 4	6h25 16:28 3	14034302 6:12 4	7h08 18:08 3	14031305 7:30 1	7h58 15:58 3	OFF		37h27		0h50		7h58	
6	14034300 5:09 4	8h49 16:58 3	14034300 5:09 4	8h49 16:58 3	OFF		14034302 5:52 4	7h19 17:37 3	14034303 6:45 4	8h34 18:18 3	14031303 5:49 1	7h59 13:48 3	OFF		41h30		2h01		7h48	
													Total: Average:		224h07 37h21		9h19 1h33		31h48 5h18	

Roster: MET10 Size: 6 Cycle: 6 Metro 35,5-3+3,mix

Pos	Mon		Tue		Wed		Thu		Fri		Sat		Sun		Work	Diff25	Diff40
1	14034302 5:52 4	7h19 17:37 3	14034302 5:52 4	7h19 17:37 3	14034302 5:52 4	7h19 17:37 3	OFF		14034304 7:00 4	8h19 17:37 3	14031306 7:38 1	7h20 15:28 3	14033304 18:23 3	6h15 25:08 3	43h51	0h24	13h18
2	14032303 13:06 2	8h10 21:46 3	14032302 11:16 2	5h34 17:20 3	OFF		14034300 5:09 4	8h49 16:58 3	14031305 5:59 1	7h29 13:58 3	OFF		OFF		30h02	3h38	0h00
3	OFF		14032300 10:06 2	6h29 17:05 3	14032300 10:06 2	6h29 17:05 3	OFF		14032303 13:39 2	6h37 20:46 3	14031307 7:58 1	7h20 15:48 3	14032302 9:12 2	6h44 16:26 3	33h39	1h46	14h04
4	14032301 10:56 2	8h56 20:22 3	14032303 13:06 2	8h10 21:46 3	OFF		14031303 5:42 1	6h25 12:37 3	14031302 5:39 1	7h28 13:37 3	OFF		OFF		30h59	4h47	0h00
5	14032305 14:07 2	6h05 20:42 3	14033303 16:43 3	7h35 24:48 3	OFF		14033300 15:36 3	8h20 24:26 3	14033302 17:06 3	7h32 25:08 3	14032303 14:10 2	6h12 20:22 3	14032301 8:52 2	6h44 16:06 3	42h28	17h34	12h56
6	14032300 10:06 2	6h29 17:05 3	14034305 7:00 4	8h52 18:18 3	OFF		14034303 5:59 4	7h58 17:57 3	14034300 5:12 4	8h00 16:58 3	OFF		OFF		31h19	0h49	0h00
														Total: Average:	212h18 35h23	28h58 4h50	40h18 6h43

Roster: MET11 Size: 6 Cycle: 6 Metro 35,5-3+2,kveld/NATT

Pos	Mon		Tue		Wed		Thu		Fri		Sat		Sun		Work	Diff25	Diff40
1	14033304 17:06 3	7h32 25:08 3	14033304 17:06 3	7h32 25:08 3	OFF		OFF		14033351 18:16 3	8h55 27:11 3	14033351 19:32 3	7h39 27:11 3	14033302 16:04 3	8h32 25:06 3	40h10	19h27	16h11
2	OFF		14033300 15:36 3	8h20 24:26 3	14032303 13:06 2	8h10 21:46 3	14032302 11:16 2	5h34 17:20 3	OFF		OFF		OFF		22h04	7h42	0h00
3	OFF		OFF		14033301 16:06 3	8h10 24:46 3	14033301 16:06 3	8h10 24:46 3	14033300 15:36 3	8h40 24:46 3	14033301 15:26 3	8h52 24:48 3	14033300 15:04 3	8h52 24:26 3	42h44	15h48	17h44
4	14032304 13:39 2	6h37 20:46 3	OFF		14033303 16:43 3	7h35 24:48 3	14033303 16:43 3	7h35 24:48 3	14032302 13:02 2	8h14 21:46 3	OFF		OFF		30h01	15h08	0h00
5	14033303 16:43 3	7h35 24:48 3	OFF		14033304 17:06 3	7h32 25:08 3	14033304 17:06 3	7h32 25:08 3	14033301 16:36 3	8h00 25:06 3	14033302 15:36 3	9h00 25:06 3	OFF		39h39	22h10	9h00
6	14033302 16:36 3	8h00 25:06 3	14033302 16:36 3	8h00 25:06 3	14033302 16:36 3	8h00 25:06 3	14033302 16:36 3	8h00 25:06 3	14032305 14:16 2	5h56 20:42 3	OFF		OFF		37h56	24h06	0h00
														Total: Average:	212h34 35h26	104h21 17h24	42h55 7h09

Roster: MET12 Size: 6 Cycle: 6 Metro 35,5-3+3,mix

Pos	Mon		Tue		Wed		Thu		Fri		Sat		Sun		Work		Diff25		Diff40	
1	14034304 6:12 4	8h38 17:50 3	14034304 6:12 4	8h38 17:50 3	14034300 5:09 4	8h49 16:58 3	OFF		OFF		14032302 12:12 2	8h47 21:29 3	14033303 16:40 3	7h38 24:48 3	42h30	0h51	16h25			
2	14033301 16:06 3	8h10 24:46 3	14033301 16:06 3	8h10 24:46 3	14032305 14:07 2	6h05 20:42 3	14032301 10:56 2	8h56 20:22 3	OFF		OFF		OFF		31h21	13h36	0h00			
3	14032302 11:16 2	5h34 17:20 3	14032305 14:07 2	6h05 20:42 3	14032301 10:56 2	8h56 20:22 3	OFF		14032304 14:07 2	6h29 21:06 3	14033303 16:40 3	7h58 25:08 3	14033301 15:44 3	8h32 24:46 3	43h34	5h10	16h30			
4	14033300 15:36 3	8h20 24:26 3	OFF		14033300 15:36 3	8h20 24:26 3	14032303 13:06 2	8h10 21:46 3	OFF		OFF		OFF		24h50	12h38	0h00			
5	14031303 5:42 1	6h25 12:37 3	14031303 5:42 1	6h25 12:37 3	OFF		14032300 10:06 2	6h29 17:05 3	14032301 10:02 2	8h05 18:37 3	14033300 15:06 3	6h39 21:45 3	14032303 11:40 2	8h35 20:45 3	42h38	0h36	15h14			
6	OFF		14032304 13:39 2	6h37 20:46 3	14032302 11:16 2	5h34 17:20 3	14034304 6:12 4	8h38 17:50 3	14034301 5:32 4	6h56 17:27 3	OFF		OFF		27h45	2h14	0h00			
													Total: Average:	212h38 35h26	35h05 5h51		48h09 8h02			